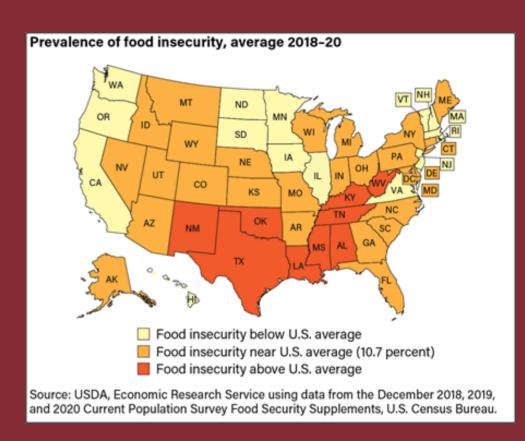
## Taking a Bite Out of Hunger

## **Food Insecurity**

The lack of access, at times, to enough food for an active, healthy life.

-USDA



1,150,150 people are facing hunger - and of them 297,150 are children. Source: Feeding America

1 in 9 in Michigan face hunger on a daily basis.

Source: Feeding America



## Crunch, nom nom, chomp and munch

How can you help take a bite out of hunger?





Host a food drive or mobile food pantry



Start a community garden



Volunteer Contacts	
Eastern Food Bank of Michigan	(810) 239-4441
Hidden Harvest	(989) 753-4749
H.M Boyd Community Garden	(734)-845-8047
Feeding America	(616) 784-3250